

S E L E R S K N

A E S T H E T I C I N S T I T U T E

Module 5

Cosmetic Migraine & TMJ

After completing this module, you will be able to:

- Determine when to treat or refer a patient
- Ascertain if cosmetic Botox will work for patient in treatment of migraines
- Discuss with patient what the process of using cosmetic Botox does to treat migraines
- Understand what areas need to be treated and how to treat said areas for both migraine and TMJ relief
- Discuss with patient how much, where it will be placed and how many treatments to see relief from migraine and TMJ pain

Overview of Botox treatment of Migraines

- Plan, Assess, and Know Your Limitations
- Cosmetically Pleasing Dose
- Determine Origination of Headaches
- Know When to Refer

Communicating with Patients

- Where does the headache originate
- Forehead
- Glabella
- Temple
- Behind the eye



Insurance or Not?

Insurance

- High Co-pays
- Insurance can be a hassle for the patient
- Requires on-label dosage

Out of Pocket

- Can be similar to a co-pay (when treating the face)
- Patient is happy with more cosmetically pleasing dose

When Not to Treat

- Back of the head
- Back of the neck or shoulders
- Complicated migraine history
- Lots of different medications
- Some aura / Severe headaches

Treating TMJ



Dosing

- A little Botox in the masseter can go a long way
- On-Label recommended dosage for TMJ is from 20 to 50 units per side
- You would be surprised what 5 to 10 units on each side can do
- Not trying to knock out muscular function just weaken
- TMJ takes 2 to 4 treatments to see results and must continue successive treatments to maintain results

When to Refer for TMJ

- Significant issues
- Need for a bruxism (bite block) guard
- Actual jaw locking or clicking (may need oral surgery)
- If they see little result with several sessions of conservative Botox treatments (rarely happens)

Summary

- Know when to suggest treatment
- May take several sessions of conservative dosing in TMJ to see results
- Patient is happy with small dose
- Easier route than insurance



Before



After

This ends Didactic Lecture for Module 5