

Module 3 – Perioral, Lips, Chin, DAO

Best Practices

- “Give an air kiss” or “purse your lips” to see the orbicularis oris pursing movement
- “Wiggle your chin” to see mentalis movement
- “Frown and show your lower teeth” to see the DAO movement
- Know difference between what needs neurotoxin (movement/dynamic lines, the cause of most vertical lines of the upper and lower lips), what needs volume with filler, and what needs skin tightening with laser
 - If they need movement line reduction, do several successive treatments of Botox first to reduce the pursing movement and therefore reduce the vertical line depth before just “filling the lines”
 - Will need to continue Botox forever to continue to inhibit cause of the vertical line
- Start really conservative in all of these areas, can always do more in a follow-up, as you can really make the patient unhappy here if you overdo it.
 - Goal is to selectively and slowly weaken the muscle movement, so lines and wrinkling diminish
- Vertical lip lines are almost always best treated first with neurotoxin over several sessions and then determine need for laser and filler
- Don’t forget to Botox the DAO in addition to putting filler in that space of the marionette area
- Treat a “gummy” smile with a little more Botox, closer to the columella of the nose and slightly more lateral to barely weaken the lip elevators (zygomaticus major/minor and the levator labii)
- Ice and “the wiggle” usually make the patient tolerate the lip injections